



THE BLACK BEAR TAVERN

Breakfast

Light & Bright Breakfast 14

1 egg any style, choice of Bacon, Sausage or Ham. Served with Breakfast Potatoes & Rye Toast.

Black Bear Breakfast 17

2 eggs any style, choice of Bacon, Sausage or Ham. Served with Breakfast Potatoes & Rye Toast.

Hungry Bear Breakfast 22

3 eggs any style, choice of Bacon, Sausage or Ham and Grilled Tomato. Served with Breakfast Potatoes & Rye Toast.

Omelette 18

3 egg omelette with Bacon, Cheddar Cheese, mixed Peppers & Green Onion. Served with Breakfast Potatoes.

HFL Breakfast Poutine 15

Hollandaise sauce on Tater Tots with Crispy Bacon Bits, Green Onions topped with Cajun Seasoning.

Add chopped Sausages 7

HFL Breakfast Wrap 16

2 eggs with Peppers, Cheddar Cheese, Mayonnaise, Hashbrown, Bacon and Lettuce. Served with Breakfast Potatoes.

HFL Vanilla Pancakes 16

3 Vanilla Pancakes served with 2 slices of Bacon topped Strawberries, Blueberries, whipped cream and your choice of Berry Compote or Syrup.

HFL Eggs Benedict 16

2 poached eggs on a toasted English Muffin. Choice of Ham or Bacon served with Hollandaise & Breakfast Potatoes.

HFL Avocado Toast 19

1 piece of rye toast with Smashed Avocado and 2 Poached Eggs, topped with Pickled Red Onions, Alfalfa Sprouts & Balsamic Glaze served with Breakfast Potatoes.

Kid's Menu

Waffle with Bacon 10

Waffle served with Bacon & Syrup.

Vanilla Pancakes 10

2 small Pancakes served with Bacon.

Eggs and Bacon 12

2 Eggs any style with Breakfast Potatoes and Bacon.

Eggs on Toast 10

2 Eggs any style served on 2 slices of Rye Bread.

Cold Cereal 10

Choice of Cereal with Milk and 1 slice of Rye Bread.

Yogurt & Fresh Fruits 8

Baked Goods

Yogurt Parfait 6.50

Creamy yogurt layered with crunchy granola and fresh fruit.

Yogurt 5.50

Smooth and creamy yogurt served chilled.

Fresh Muffins 5.50

Freshly baked assorted muffins. Served warm with butter.

Warm Cinnamon Bun 5.50

Soft cinnamon-swirled bun, baked fresh and served warm with butter.

Cheese Scones 5.00

Buttery, flaky cheese scones served warm with butter.

Glazed Donuts 2.50

Light and fluffy donuts coated with a sweet glaze.

Danishes 5.50

resh baked flaky pastries with assorted sweet fillings.

Beverages

Hot Coffee 2.95

Hot Tea 2.95

Hot Chocolate 3.5

Juice 3.5

Chocolate Milk 4

Milk 4

Pop 3.75